

BEGINNER SQUASH CLINIC

with Charlie Loo and Special Guest Coach **Jamie Nicholls**

FREE & FUN
Wednesday, June 20, 2018
6:45 pm to 8:15 pm

Come and learn to play the top-rated sport for fitness!

Participants will leave the clinic with an understanding of the basic rules of the game along with an introduction to the essential strokes.

All squash equipment provided.

Please wear non-marking shoes (*no black-soled or outdoor shoes*).

Register early as space is limited.

For more information and to register, please contact
Jill Pomeroy at 613-736-6226, by email at jpomeroy@racentre.com
or visit us on-line at www.racentre.com/squash

RASQUASH CLUB